

# Keep your dog nice and cool this summer!

There are many precautions that can be taken to keep  
your dog safe and well on a hot day

- 🐾 Don't excessively exercise your dog
- 🐾 Avoid walking your dog at the hottest times of the day - often mornings or later in the evenings can be cooler
- 🐾 Always take plenty of water with you when out with your dog
- 🐾 Make sure the dog has shade to cool off in, either inside or when out
- 🐾 Take your dog to the groomers and keep their fur clipped
- 🐾 Dogs can get sun burned – especially white dogs or those with little hair so try and keep them out of the direct sun
- 🐾 Think twice about any car trips with your dog – avoid congested roads or busy times of the day when they could overheat in the car if you are caught up in traffic
- 🐾 If driving with your dog plan your journey considering cooler times of the day and places to take breaks
- 🐾 Don't leave your dog in a car – as temperatures rise, dogs overheat quickly and leaving them for as little as 20 minutes could prove fatal



[www.dogstrust.ie](http://www.dogstrust.ie)  
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